

Dear Members

I'm sure you are all aware how much your groceries, heating, lighting etc have gone up in recent months. Unfortunately, so have ours! We have held off as long as possible but the inevitable has had to happen 😞. Our prices in the bar and café are going slightly up from Monday 20th February. Now you have a decision to make ... do you want to come in for breakfast and lunch every day between now and Monday to eat and drink all you can at the old prices or ... ??? We hope you will agree that we still believe we are giving you good value and we'll thrown in heating and lightning for free!

CAFÉ OPENING - From 20th February - 8.30am - 6.00pm (Last Orders)

The Café will be extending it's opening hours from 8.30am until 6.00pm from Monday 20th February.

MET POLICE FC - Saturday 18th February - 3.00pm

Another home game this weekend so come along and lend some support to our Met Police Football team (currently 6th). We are playing against Merthyr Town FC (currently 10th). Cash payable on the gate Adult - £12, Concessions - £6 and **ONLY £1** if you are **under 18!** What a good excuse to bring down some younger people to watch live football.

JAZZ SESSIONS - Sunday 26th February 3.00pm - £15

The ever popular reed player Alan Barnes with the welcome return of David Newton (keyboard), Andrew Cleyndert (double bass) and Matt Home (drums).

Gig enquiries: 01932 845174

Sunday 26th March 3.00pm - £15

Top trumpet and flugelhorn player Henry Lowther and melodic flute and saxophonist Jimmy Hastings, supported by John Pearce (keyboard) and Dave Green (double bass) and Matt Skelton (drums).

Gig enquiries: 01932 845174.

BOWLS CLUB OPEN DAYS - Friday 24th February & Wednesday 22nd March - 10.00am - 12.00noon

Open to Current and Prospective Members. If you would like any more information, please contact Richard Blackman - richard.blackman1942@gmail.com Visitors are welcome to use the café before or after their session.

Short mat is the indoor activity for the Bowls Club during the winter months. Sessions are held weekly (mostly) at Imber Court from the middle of September to the middle of April the following year.

QUIZ NIGHT - Friday 3rd March - 7.00pm

There will now be a food menu for Quiz Night. £1 entrance fee (payable on the door). Arrive from 7.00pm for 7.30pm start on the Ground Floor of the Club. Come on your own to join a team or bring family, friends, or some work colleagues (up to 8 people)! Please phone the office to book a table so that we know how many quizzers to expect - **0208 398 1267**. Sorry, but no pizzas/food are to be brought in from outside.

SWIMMING POOL CLOSURE - Monday 20th March - REOPENS Monday 17th April

Regretfully the pool will be closed from 20th March until 17th April for some urgently needed, rebuilding and refurbishment after the fire damage. Apologies to you all but we hope it won't affect too many of you.

PILATES

Our affiliate, Zoe Hodgson, offers Pilates (or as I used to pronounce it pie lates!) with Rehabilitation and Physiotherapy a speciality. Please contact Zoe if you would like some calm and gentle

movement in your life. info@zoehodgsonpilates.co.uk Don't forget to enquire about your Members discount.

IN OTHER NEWS ...

We respectfully remind Members that you should not consume your own food or drinks on the premises, inside or out - thank you!

Please don't forget to carry your Membership Card whenever you use the club. Don't forget ... No Card - No Discount!

*If at any time you don't want to receive emails from us, please just reply to this email with **'Unsubscribe Please'** in the Subject Line and we will take you off our mailing list.*

Membership Team