

Dear Members

Did you know August is named after Roman Emperor Augustus Casesar? Neither me!

International Left Handers Day is on Sunday 13<sup>th</sup> August. About 10% of the population are left-handed. If you have a left-hander in your life and you're right-handed, try going through a day using everything with your left hand ... hilarious to watch and it's ... very tricky!

Good Luck to England Women's football team, who take on Columbia on Saturday in the quarter finals at 11.30am.

### **FISH & CHIPS FRYDAY!**

This Friday our 'Special' of Fish & Chips is back on the menu - includes one of your 5 a-day - mushy peas! Yummy!

### **PIZZA KITS**

We hope you received our email yesterday about the new Good Dough pizza kits. We think it's a nice offer ... when Imber Court café is closed of course!!! If you would like to order, or have any queries, please contact them here [EMAIL](#)

### **JAZZ NIGHT - Sunday 13<sup>th</sup> August 6.30pm - 9.00pm**

On Sunday we have the Alex Clarke Quartet and Robert Fowler playing upstairs from 6.30pm to 9.00pm. This will be £17 for entry and 'cool' way to end your week!

### **FOOTBALL - Metropolitan Police V Sutton Common Rovers - Saturday 12<sup>th</sup> August - 3.00pm KO**

The first game of the season for the Met Police team in the Isthmian League - This is a home game, so we are hoping to get off to a winning start with 'Home Advantage'. It's £10 for entry (Concessions - £5, Under 18 - £2, Under 11 - free).

### **RUGBY - Summer Nations Series**

We will be showing **EVERY** match in the Summer Nations Series

**Saturday 12<sup>th</sup> August** - England V Wales - 5.30pm

France V Scotland - 8.05pm

**Saturday 19<sup>th</sup> August** - Wales V South Africa - 3.15pm

Ireland V England - 5.30pm

**Saturday 26<sup>th</sup> August** - England V Fiji - 3.15pm

Scotland V Georgia - 5.30pm

Ireland V Samoa - 7.45pm

**CLUB CLOSURE - Sunday 3<sup>rd</sup> September - 4.00pm**

Apologies if this causes you any inconvenience but the Club will close at 4.00pm on Sunday 3<sup>rd</sup> September. This includes the Gym and Pool. Our affiliates will run as normal but there will be no access to the Club House.

**IN OTHER NEWS ...**

We respectfully remind Members that you should not consume your own food or drinks on the premises, inside or out - thank you!

Please don't forget to carry your Membership Card whenever you use the club. Don't forget ... No Card - No Discount!

If at any time you don't want to receive emails from us, please just reply to this email with 'Unsubscribe Please' in the Subject Line and we will take you off our mailing list.