

Dear Members

Sorry but our kitchen will be closed on Friday 21st June as we are having the Installation of a 'Fire Suppression System'!!!?

OLDER ATHLETES GYM SESSION - Monday 24th OR Tuesday 25th June @ 10.30am

We have had a great response to these Gym sessions. We still have a few spaces left ...

We are delighted to announce that we have 'Older Athletes Gym Classes' starting on **Monday 24th** or **Tuesday 25th of June** at **10.30am** until 11.30am. You should only attend one class per week as the same content will be repeated in both sessions. The hour class will be taken by Peter from 'Train Right For You', who is a qualified Personal Trainer. Peter will work at your pace and fitness (or not!) level so please don't be put off by it being an organised class. Seven people per session. Don't forget to bring a refillable water bottle!

For **Gold and Silver Gym or Pool Members** there will be **no charge**. For **Bronze Members** there will be a **£6 per session** fee. These classes are only open to Members - you must have Club Membership to join (Membership on Clubright for only £15 per month).

Sessions are bookable on your Clubright App. You need to click on ...

- Make A Booking
- Older Athletes Gym Class
- Choose your day - Monday or a Tuesday (you can book for two weeks at a time)
- Bronze Members - pay at the office before class - £6

If you have any queries about the classes, or booking, please don't hesitate to get in touch - **02083 981 267**

We really hope this will be a welcome addition to what we offer here at Imber Court. Any feedback (good or bad!) would be appreciated!

QUIZ NIGHT - Friday 28th June 7.00pm for a 7.30pm start

Please give us call to book a table - it doesn't cost anything to book, but just gives us an idea of numbers expected - **02083 981 267**

SUMMER SESSIONS - Sunday 30th June - 2.00pm

Following on from the very successful Rhiannon Hill, our next **FREE** music event for Members and Friends will be the fantastical British Bluescasting Corporation. The BBC play toe-tapping, feel-good Rhythm & Blues bringing their own unique style to classic blues tracks and original songs. There is no payment to book a table it just gives us an idea of numbers of Members expected - [BOOK HERE](#)

EURO'S

We are showing **all the matches** here at Imber Court (if there is a clash of fixtures, we will show the most popular match (according to the attendees!)).

If/When!?! we continue through the rounds, Watch This Space for Special Offers! We hope to put up a screen in the garden so that you can come down and watch with the whole family.

IN OTHER NEWS ...

- We respectfully remind Members that you should not consume your own food or drinks on the premises, inside or out - thank you!
- If you are having any problems with the Clubright App, please get in touch so that we can help you. Proof of Membership is on the App, on your phone. Please be prepared to show this to staff if requested. There is no discount at the bar without Membership.
- If at any time you don't want to receive emails from us, please just reply to this email with 'Unsubscribe Please' in the Subject Line and we will take you off our mailing list.

Membership Team