

Dear Members

The garden is ready, the cocktails are mixed, the Prosecco's in the cooler, the beer is chilling but where oh where is the sunshine!

### FREE SUMMER SESSIONS - Sunday 4<sup>th</sup> June

Our **FREE** music afternoons for Members will be getting off to a great start with **Joe Corbin** on **Sunday 4<sup>th</sup> June**. Come on down and enjoy a Sunday afternoon at Imber and don't forget, if you have a Membership Card you get a discount on your drinks and food. There is no charge to come and appreciate this live music - it is simply for you, our Members, to enjoy!

Remember **Ana Leon** from a previous Summer Session? She is coming back on the afternoon of **Friday July 21<sup>st</sup>**. I believe this is the last day of term for many local schools, so watch this space for more information!

### GYM

Great news! After the Bank Holiday - which is Monday 29<sup>th</sup> May - the **Gym** will **open** on a **Monday, Wednesday, and Friday** at **6.00am**.

### POOL

You hit the Gym at 6.00am, and then what better way to relax than a Lane Swim at 7.30am? Just to remind you, the **Swimming Pool** is open at **7.30am** on **Monday to Friday** for your Early Morning Wake Up Lane Swim. The first two sessions of the day, 7.30am - 8.15am and then 8.15am - 9.00am are for those of you dedicated to starting the day in the most positive possible way! Please book through the [WEBSITE](#)

### RUGBY - Touch Rugby - Every Monday - 7.15pm

Don't forget ... **EVERYONE** can join in with Touch Rugby on Monday nights here at Imber. Meet at the Rugby Pitch at 7.15pm for a 7.30pm start. This is **FREE** if you are a Gold or Silver Gym Member and it's only £3 a session for everyone else. You can bring your friends as it's open to non-members too! You don't have to have any rugby experience and it is available to all-comers!

### RUGBY - Teams

Our Rugby Club are now recruiting for new players for both the Ladies' and Men's teams. **YOU DON'T HAVE TO BE A POLICE OFFICER/STAFF** to join! Training will be on Wednesday evenings at 7.15pm. If you might be interested in this, please contact [jakecottrell03@gmail.com](mailto:jakecottrell03@gmail.com) or visit [RUGBY WEBSITE](#)

### IN OTHER NEWS ...

We respectfully remind Members that you should not consume your own food or drinks on the premises, inside or out - thank you!

Please don't forget to carry your Membership Card whenever you use the club. Don't forget ... No Card - No Discount!

If at any time you don't want to receive emails from us, please just reply to this email with 'Unsubscribe Please' in the Subject Line and we will take you off our mailing list.

Membership Team