

Dear Members

**This is YOUR club so please feel free to attend the AGM if you are interested in the future of the Club.**

All Members are welcome to attend the Annual General Meeting which will be held at Imber Court on Monday 30th January at 7.00pm. If possible, please could you let us know by email if you intend to attend! Please find the Agenda attached for the meeting.

**QUIZ NIGHT - Friday 27<sup>th</sup> January at 7.00pm**

£1 entrance fee (payable on the door). Arrive from 7.00pm for 7.30pm start on the Ground Floor of the Club. Come on your own to join a team or bring family, friends, or some work colleagues (up to 8 people)! Sorry, but we are currently unable to provide a food option for this event, so do feel free to bring in pizzas from the Dough Shack van. Please phone the office to book a table so that we know how many quizzers to expect - **0208 398 1267**.

**SWIMMING CRASH COURSES - Monday 13<sup>th</sup> - Friday 17<sup>th</sup> February**

If your child may be interested in some swimming over half term, please send the pool an email including your Child's Name, DOB, Ability and Availability and your Contact Number and a member of the Pool Staff will get back to you. [imberpoolmanagement@gmail.com](mailto:imberpoolmanagement@gmail.com). If you have any other queries the pool contact number is **07508 455 649**. If no one answers when you ring, this will generally be because the staff are all busy either teaching or lifeguarding but please do leave a message and one of our lovely pool staff will get back to you.

**GYM - Is this you?** Two weeks in and already getting bored running round the block? If you haven't visited our Gym for a while, please do pop in and have a look around. We have lots of new equipment - Kettle Bells, Battle Ropes (what are those??), Rowing Machines, Nordic Cross Trainer, Wattbike, Fitt Cubes and more. Membership is only £43 on a rolling Direct Debit. No Joining Fee! The Gym is open from 7.30am - 10.00pm Monday to Friday and 8.00am - 8.00pm Saturday and Sunday.

**WE NEED YOU AND YOUR IDEAS!**

We are well underway for our planning of events for 2023/24 but we need your help! This is your club ... what would make it better for you? What would you like to see? What would you like to come to? Is there anything you would like us to put on for your Children, your Grandparents, your Auntie ... You? There are lots of considerations when arranging events (cost, staffing etc) and of course we can make no promises but if you don't ask, you don't get, right! Please email us if you have any amazing ideas.

**IN OTHER NEWS ...**

We respectfully remind Members that you should not consume your own food or drinks on the premises, inside or out - thank you!

Please don't forget to carry your Membership Card whenever you use the club. Don't forget ... No Card - No Discount!

*If at any time you don't want to receive emails from us, please just reply to this email with **'Unsubscribe Please'** in the Subject Line and we will take you off our mailing list.*

Membership Team