

Dear Members

Happy New Year to you all!

AGM - All Members are welcome to attend the Annual General Meeting which will be held at Imber Court on Thursday 27th January at 6.00pm. Please read the attachment for more information. If possible, please could you let us know by email if you intend to attend!

Shall we make this the year that we join the Gym/Swimming Pool and actually use it? Write an updated version of **YOUR** story ...

Alex Morritt wrote...

*New Year - a new chapter, new verse, or the same old story?
Ultimately, we write it.
The choice is ours.*

Swimming Pool &/or Gym Memberships -

Our Membership is a **rolling Direct Debit** (one month's cancellation notice) with **no joining fee** and **no minimum sign up time** - why not give it a try?

Club & Swimming Pool - £26.50 (£46 for a Duo)

Club & Gym - £41.50 (£71 for a Duo)

Club, Pool & Gym - £54.00 (£94 for a Duo)

Our prices are extremely competitive - our water is as wet as any other club and our machines in the gym can make you sweat like any other club! Please look online if you would like more information or don't hesitate to call the Membership Team.

Your Gym Membership also entitles you to three free Boxersize classes, two free Bootcamps and one Touch Rugby session per week.

We are very pleased to say that the new Swimming Pool changing rooms are ready for use. We hope you will find this a better arrangement.

Pilates - Zoe Hodgson was the first person in Surrey to start up classes in Pilates! From there, she has gone on from strength to strength and now has one of her beautiful studios here at Imber Court, above the Cricket Pavilion. If you would like to try this form of exercise please do contact Zoe - info@zoehodgsonpilates.co.uk or check her out on the website - <https://zoehodgsonpilates.co.uk/> If you already a Member of IC then Zoe will give you a Friends & Family discount Promo Code - please mention you are a Club Member to receive a discount.

Dog Grooming - If your beloved four-legged friends need a wash, set and blow-dry please don't hesitate to book with Julie or Ian at the Dog Salon - julie@dukesdogsalon.co.uk - **07471 136 156**. Please mention you are a Club Member to receive a discount.

IN OTHER NEWS ...

We respectfully remind Members that you should not consume your own food or drinks on the premises, inside or out - thank you!

Please don't forget to carry your Membership Card whenever you use the club. Don't forget ... No Card - No Discount!

*If at any time you don't want to receive emails from us, please just reply to this email with **Unsubscribe** in the Subject Line and we will take you off our mailing list.*