



# Pre-School and Parent & Child

These classes are suitable for children from 6 months up to 4 years of age

In these lessons children work through our pre-school programme, those joining under 3 years of age will attend with a parent or guardian in the water or those over 3 will get to explore the water with our fully qualified instructors.

These lessons are a brilliant opportunity for babies toddlers and pre-schoolers to investigate and enjoy the water, as well as overcoming fears in a fun setting. These lessons also give children and parents key skills to enjoy the water safely Outside of lessons

Your children will work towards the following achieveKent's during their time in our Learn to Swim programme.



For more information on these awards please see:

<https://www.swimming.org/learntoswim/swim-england-learn-to-swim-awards-1-7/>

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